

# Ellington Senior Center Calendar

## April 2010

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
<b>*Note:</b> Schedule subject to change without prior notice			<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm	<b>Senior Center Closed in Observance of Good Friday</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>EMAT APPTS</b>  Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm  Shaw's	<b>EMAT APPTS</b>  Bridge 9:00am Dominos 1:00pm Book Club 2:00pm Setback 7:00pm  <b>Out To Lunch</b> <b>Crackle Barrel Restaurant</b> <b>East Windsor</b> <b>1pm</b>	<b>EMAT APPT</b> HVCC Transit <b>Tax Preparation 9:00am</b> Podiatry Clinic 9:00am Ellington Singers Rehearsal 12pm Shuffleboard 2:00pm  <b>Coping With Change &amp; Loss – Town Hall (2pm)</b>  Big Y/Geissler's	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm  <b>Exploratory Meeting 3:00pm</b>	<b>EMAT APPTS</b>  Mahjongg 10:00am Ballroom Dance 1:00pm Polka Social 2:30pm  13 yr. Celebration – Senior Center  SAT – 4/10/10 Setback @ 7:00pm
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>EMAT APPTS</b>  Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm Musical Insights 6:00pm  Shaw's	<b>EMAT APPTS</b>  Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm  <b>Budgets</b> <b>Lunch &amp; Learn Program</b> <b>(12:30pm)</b>	<b>EMAT APPTS</b>  HVCC Transit <b>Tax Preparation 9:00am</b> Ellington Singers Rehearsal 12pm Shuffleboard 2:00pm  Big Y/Geissler's	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm Memory & Creative Writing 1:00pm	<b>EMAT APPTS</b> Mahjongg 10:00am Ballroom Dance 1:00pm Polka Social 2:30pm  <b>4/17/10: Spaghetti Supper Fundraiser (5 &amp; 6pm)</b>  SAT – 4/17/10 Setback @ 7:00 p.m.

19	20	21	22	23
<b>EMAT APPTS</b>  Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm	<b>EMAT APPTS</b>  Bridge 9:00am Setback 7:00pm	<b>EMAT APPTS</b>  HVCC Transit Ellington Singers Rehearsal 12pm Shuffle Board 2:00pm  Big Y/Geissler's	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm  <b>Ellington Singers "Spring Musicale" EHS (1pm)</b>	<b>EMAT APPTS</b>  Mahjongg 10:00am Parkinson Support Group/ Dr. Toni Demarcaida 12:00pm  SAT – 4/24/10 Setback @ 7:00pm
26	27	28	29	30
<b>EMAT APPTS</b>  Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm Ellington Singers-Buckingham Estates 10:30am Musical Insights 6:00pm  <b>Angel Food Presentation (2pm)</b>	<b>EMAT APPTS</b>  Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm  <b>Movie Time 2:00pm</b>	<b>EMAT APPTS</b>  HVCC Transit Ellington Singers 10:15am Shuffle Board 2:00pm Ellington Singers-Village at Buckland 10:30am  Big Y/Walmart, E. Windsor	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm Better Age Club 1:00pm Ellington Singers-Emeritus 10:30am  <b>The Scooter Store Lunch &amp; Learn 12:30pm</b>	<b>EMAT APPTS</b>  Mahjongg 10:00am Ballroom Dance 1:00pm Polka Social 2:30pm  SAT – 5/1/10 Setback @ 7:00pm
Upcoming Activities		Monthly Features		Reminders
AARP Defensive Driving – Monday, May 3 & 4, 2010 (10am). Ellington Hall Memorial Library  Sleep Anxiety – Thursday, May 6, 2010 (2pm). Alcyone Brennan  Tower of Work – Tuesday, May 11, 2010 (2pm). Lee Almand, VNA Health Care  <b>"Fashion Show"</b> – Ellington Senior Center Fundraiser. Sunday, May 16, 2010. (2pm)  Ellington Behavioral Health – Tuesday, May 18, 2010. Lunch & Learn (11:45am). Dr. Shahab, Psychiatrist  Volunteers Luncheon –May 19, 2010		Ballroom/Polka Social – Friday, Ballroom(1pm); Polka (2:30pm) Better Age Club – Meetings 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month (1pm) Blood Pressure Clinic/Diabetic Screen –2 <sup>nd</sup> & 4 <sup>th</sup> Tues of mth. (1:30pm) Book Club – First Tues of month (2pm) Bridge – Tuesdays (9am) Ellington Singers – Wednesdays (10:15am) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Mahjongg – Fridays (10am) Memory & Creative Writing – 3 <sup>rd</sup> Thursday of month (1:30pm) Musical Insights – 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the Month (6:00pm) Out To Lunch – 1 <sup>st</sup> Tues of month (1pm) Podiatry Clinic – First Wednesday of month (9:00am) Shuffle board – Wednesdays (2pm) Tai Chi – Mondays (10:30am beginners) (11:30am advance) Anna L. Turner, MSW – Elderly Outreach Social Worker		Transportation Line: (860)870-3137 Hours: 9:00 a.m. – 1:00 p.m.  <b>*GARDEN THYME WILL RESUME IN THE MONTH OF MAY! Stay tuned!</b>